



THESSALONIKI OPTIMIST TEAM RACE
Thessaloniki GREECE November
22– 24/ 2019

SAILING INSTRUCTIONS

ORGANISING AUTHORITY

The 2019 Thessaloniki Optimist Team Racing is organized by the Nautical club of Thessaloniki under the authority of the International Optimist Dinghy Association (IODA) and with the permission of the Hellenic Sailing Federation.

ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the International Jury with a hearing
DP	Rules for which the penalties are at the discretion of the International Jury.
NP	Rules that are not ground for protest by a boat. This changes Racing Rule of Sailing 60.1 (a)

1. RULES

- 1.1. The regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS).
- 1.2. No national authority prescriptions will apply.
- 1.3. The current Conditions of IODA will apply.
- 1.4. Appendix D will apply, including D2.2 (single flag procedure) but deleting D1.1 (d).
- 1.5. The first sentence of D3.1(d)(3) is deleted and replaced by: "when the boat has broken rule 1 or 2, rule 14 when she has caused damage or injury, or a rule when not racing, either the boat's score may be increased or half or more race wins may be deducted from her team, or no penalty may be imposed."
- 1.6. Rule 40 and the preamble to Part 4 are changed as follows:
 - 1.6.1. The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
 - 1.6.2. Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by SI 1.6.1."
- 1.7. **[NP][DP]**Boats shall be handled according to attachment 2.
- 1.8. Add rule 64.4 (b) to the list of rules in 63.1.
- 1.9. When a boat starts and finishes and breaks rule 28.1 by failing to sail the course described in the Sailing Instructions, 6 points shall be added to her score without a hearing. This changes rule A5.
- 1.10. If there is a conflict between languages the English text will take precedence.

2. [NP][DP]CAMERAS AND ELECTRONIC EQUIPMENT

- 2.1. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.



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2.2. The equipment provided, once placed on the boat as instructed by the organising authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organising authority.

3. NOTICES TO COMPETITORS






Notices to competitors will be posted on Official Notice Board (ONB) located next to the Race Office.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1. Any written changes to the Sailing Instructions or the schedule will be posted on the Official Notice Board at least 30minutes before the warning signal of the race in which it will take effect.
- 4.2. Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the teams and coaches at the coaches' station and posted on the Official Notice Board at the end of that day's racing.
- 4.3. Changes to the format of racing, the allocation of boats and the publication of the schedule of subsequent races made on the water will be announced as described in SI 4.2.

5. [DP]BOATS

5.1. The Organizing Authority will provide 24 Optimist boats complete with sails, spars, foils and all equipment except buoyancy aids. The boats will be divided in groups of four, each group with a different identification symbol as shown in the table below and which will be allocated on a random basis either daily or before each round as decided by the IODA CR.

	BLACK SAIL	A1 – A4
	YELLOW SAIL	B1 – B4
	BLUE SAIL	C1 – C4
	WHITE SAIL	D1 – D4
	RED SAIL	E1 – E4
	LIGHT BLUE SAIL	F1 – F4

- 5.2. Class rule 4.3 (c) – paddle shall not apply. Each competitor shall carry a whistle (which will not be supplied) securely attached to the personal buoyancy device (CR 4.2a).
- 5.3. Competitors are responsible for inspecting their boats before racing.



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- 5.4. **[NP]** Competitors shall report any defect, damage or breakdown to the Race Officer at the first reasonable opportunity.
- 5.5. **[NP]** When to continue racing after damage, a breakdown risks further damage to the boat, the boat shall retire immediately.
- 5.6. The Umpires will decide breakdown redress in accordance with rule D5.

6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed on the flagpole near the ramp.
- 6.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 15 minutes'.

7. FORMAT OF RACING

- 7.1. Teams will be seeded from 1st to 12th.
- 7.2. The intention is to provide as much racing as possible for all teams in the period available, The regatta format and race schedule may be modified by the Race Committee, and notwithstanding SI 7.3 below, is subject to change at any time. Details, and any changes, will be posted on the Official Notice Board at least 30 minutes before the warning signal of any race concerned. The Race Committee may terminate any stage, or the event, when in its opinion it is impractical to attempt to hold the remainder of the races under the existing conditions or in the remaining time scheduled.
- 7.3. The format consists of three stages.
 - Stage 1: The first 66 races will be a complete a single round robin for all teams. Each win scores 1 point
 - Stage 2: The next 66 races will be a complete a single round robin for all teams. Each win scores 2 points providing that all races are sailed. Stage two points are added to stage one points to decide the ranking.
 - Stage 3: Knockout: Top 4 teams qualify 1st Team chooses semifinal opponent. Semifinal winners qualify for final. Losers qualify for petit final. All of matches are first to two wins. The Race Committee may organize racing for the other teams, if there is time.



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EVENT SCHEDULE

Date	Program	
Friday 22 November	9:00- 10:30 hrs.	Registration
	10:00 hrs.	Meeting with Umpires
	12:00 hrs.	warning signal
Saturday 23 November	TBA	racers
Sunday 24 November	TBA	racers
	18:00	Prize Giving Ceremony

9. RESERVED

10. RACING AREA

N.O.R. shows the location of the racing area.

11. THE COURSE

- 11.1 The diagram in attachment 1 shows the course, including approximate angles between legs, the order which marks are to be passed, and the side on which each mark is to be left.
- 11.2 The pin end of the finishing line (green mark) is a mark need to be left on starboard on leg three (3)!!
- 11.3 The RC will set a course to be sailed in approximately 6 – 8 minutes. An actual shorter or longer racing time shall not be grounds for redress.
- 11.4 Courses will not be shortened. This changes rule 32.

12. MARKS

- 12.1.Marks 1 ,2 & 3 will be inflatable yellow buoys.



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- 12.2 Marks at the finishing line will be a green inflatable buoy and a Race Committee boat displaying a Blue flag.
- 12.3 Marks at the starting line will be yellow inflatable buoy at the port end and a Race Committee boat at the starboard end displaying an orange flag.
- 12.4 Marks may be moved at any time. This changes rule 27.2 and rule 33 will not apply.

13. THE START

13.1 Rule 26 and 27.1 are changed. The races will be started as follows. Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.

Signal	Min. before starting signal	Sound Signal
Warning	Three	Class flag displayed
Preparatory	Two	Code flag P displayed
One-minute	One	Code flag P removed
Starting	Start	Class flag removed

- 13.2 The race number and the teams to start will be displayed on the stern of the Race Committee boat before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it later.
- 13.3 The starting line will be between the starting marks as described on the sailing instruction 12.3
- 13.4 When an individual recall is made, flag X will be displayed for up to 1 minute. This changes rule 29.1.
- 13.5 **[DP][NP]** Boats not racing shall sail to the Waiting Area to leeward of the starting line keeping well clear of boats racing and of all boats whose warning signal has been made. Two yellow buoys may indicate the windward boundary of this area.



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13.6 **[DP][NP]** Immediately after finishing, boats being changed for the next set of races shall return directly to the Coaches' Station, (Boat) keeping well clear of all boats racing and of all boats whose warning signal has been made.

14. THE FINISH

The finishing line will be between the blue flag on the committee boat and the nearby finishing mark.

15. TIME LIMITS AND ABANDONMENT

15.1 The Race Committee may abandon a race for any reason. This changes rule 32.

15.2 The Race Committee and/or the umpires may signal abandonment orally. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes rule 32 and Race Signals.

16 UMPIRING AND FLAGS

16.1 The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions. Some races may have more Umpires than others as determined by the Chief Umpire.

16.2 The required red protest flag shall be attached to the competitor, clothing or PFD and shall be capable of being displayed at arm's length. To signal a protest, the flag shall be displayed from a concealed position to a position where it is easily visible to the protested boat and Umpires.

17 PROTESTS AND REQUESTS FOR REDRESS

17.1 For protests and requests for redress other than protests under a rule listed in rule D2.2, competitors shall inform an Umpire or the Race Committee at the first reasonable opportunity upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.

17.2 The protest time limit for competitors is two minutes after finishing and for the Race Committee or Jury it is 60 minutes after the last boat finishes the last race of the day.

17.3 A hearing may be declined if it is not relevant to progress to the next round. This changes rule 63.1.

17.4 When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.

17.5 Decisions of the Jury will be final as provided in rule 70.5.

17.6 Breaches of class rules and sailing instructions marked **[NP]** will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches, sailing instructions marked **[DP]** and breaches of rule 55, shall be at the discretion of the jury; this changes D3.1(b).



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18 SAFETY REGULATIONS

- 18.1 Competitors who require assistance shall blow a whistle or wave one arm. The Race Committee reserves the right to assist competitors who, in its opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a)
- 18.2 When the Race Committee displays flag V with repetitive sounds, all official boats shall monitor the Race Committee **VHF 71** for search and rescue instructions.

19 OFFICIAL BOATS

The Umpire Boats will be identified by white flags marked with **IJ** and **JURY**.

20 COACHES' STATION AND COMMUNICATION

- 20.1 There will be a special Coaches' Station (BOAT) close to the start to be used by the coaches and the spare team members.
- 20.2 **[NP][DP]** Communication between team members and coaches is only allowed at the Coaches Station.

21 BEHAVIOUR [DP][NP]

Team members and officials shall observe the regulations of the host club and the house rules of the hotel and shall behave correctly at all times. Bad behavior at any time, whether on shore or afloat, with or without any damage to the facilities, may be investigated by the Jury who may call a hearing and impose a scoring penalty when appropriate.

22 TRASH DISPOSAL [NP][DP]

Boats shall not throw trash ashore except in the trashcans. This amends rule 55.

23 PRIZES

- 23.1 Gold, silver and bronze medals will be awarded to each member of the three best placed teams.
- 23.2 More prizes may be awarded at the discretion of the Organizing Committee.



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24 RISK STATEMENT

- 24.1 Competitors and support team members participate in the championship entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is, by its nature, an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event each competitor and the responsible adult agrees and acknowledges that:
- 24.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event.
- 24.3 They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore.
- 24.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission.
- 24.5 Their boat is in good order, equipped to sail in the event, and they are fit to participate.
- 24.6 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- 24.7 The provision of patrol boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 24.8 It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for this venue or event, and to attend any safety briefings held for the event.
- 24.9 It is the decision of the coach to allow the competitors to take part in the races.



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25 RIGHT TO USE NAMES AND LIKENESS

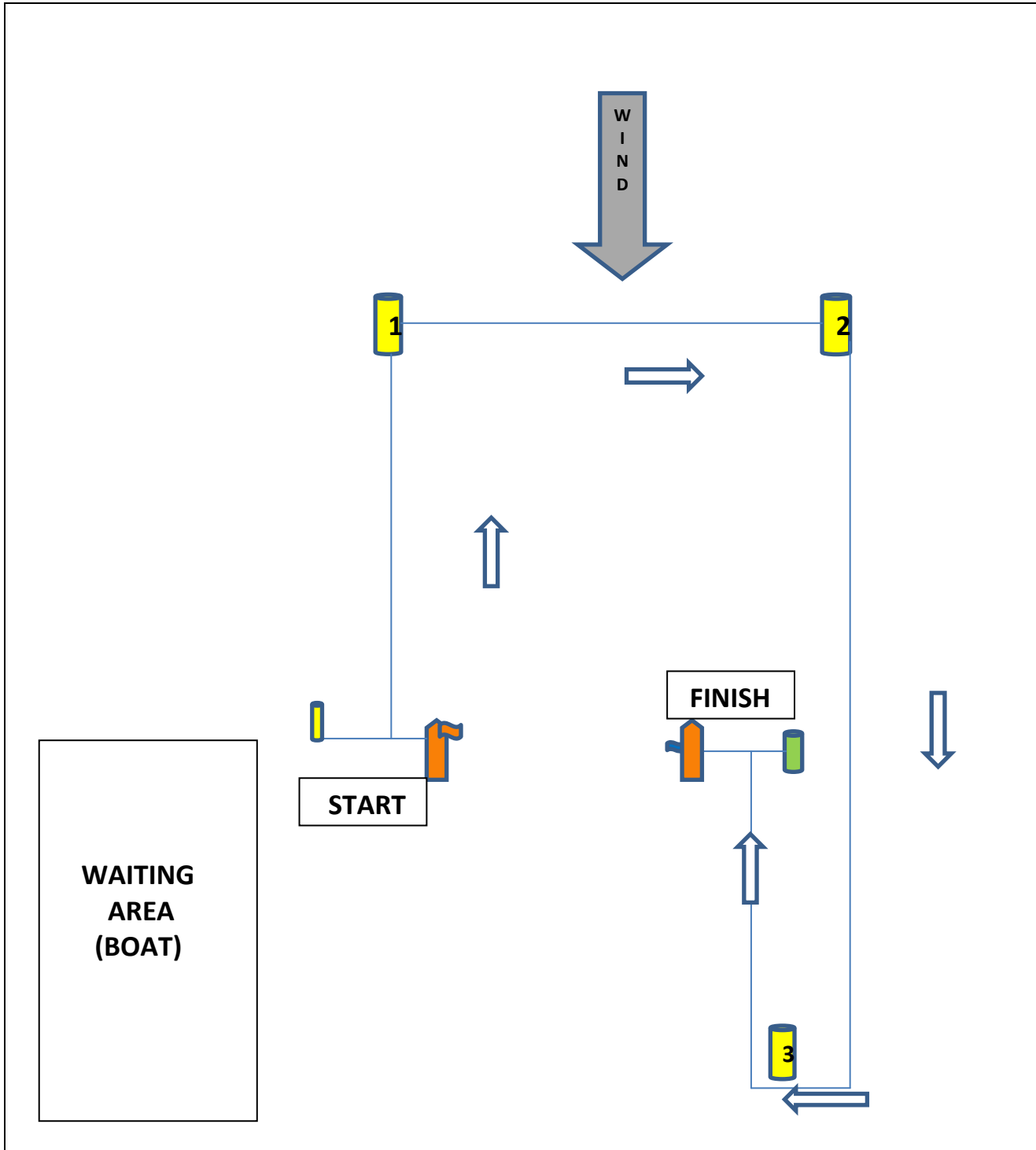
In participating in this championship, a competitor automatically grants to the organising authority, the IODA, and the sponsors of the championship the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the championship, without compensation.



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Attachment 1





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ATTACHMENT 2 – HANDLING THE BOATS

1. GENERAL

- 1.1 While all reasonable care is taken to equalize the boats, variations will not be grounds for redress. This changes rule 62.
- 1.2 Competitors shall report to the Race Committee at the first reasonable opportunity after returning to shore any equipment damage or malfunction.

2. PROHIBITED ITEMS AND ACTIONS

- 2.1 Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following is prohibited:
 - a. Any additions, omissions or alterations to the equipment supplied.
 - b. The use of any equipment for a purpose other than that intended or specifically permitted.
 - c. The replacement of any equipment without the permission of the Race Committee.
 - d. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
 - e. Moving equipment from its normal stowage position except when being used.
 - f. Boarding a boat without prior permission.
 - g. Marking directly on the hull or deck with permanent ink.

3. ADDITIONAL RULES THAT APPLY

- 3.1 When boats change hands from one team to the next, sailors coming out of the boats must make sure the boats are handed over in conformity with the Class Rules.
- 3.2 While afloat, rigs shall not be lowered, and sail ties shall not be adjusted, except with prior permission of the Race Committee, Technical Committee or an umpire.

4. MANDATORY ITEMS AND ACTIONS

- 4.1 The following is mandatory:
 - a. The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters that could cause damage or disadvantage to the boat in future matches.
 - b. At the end of each sailing day:
 - folding, bagging and placement of the sails as directed
 - leaving the boat in the same state of cleanliness as when first boarded that day
- 4.2 At the end of the final day for a particular boat, cleaning the boat, removing all trash and removing all tape and marks.
- 4.3 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.